

# PROGRAM NOTES

	Session Start	Session End	Payment Due
1	Sept 3, 2019	Oct 28, 2019	Aug 30, 2019
2	Oct 29, 2019	Dec 23, 2019	Oct 15, 2019
3	Jan 6, 2020	March 1, 2020	Dec 22, 2019
4	Mar 2, 2020	Apr 26, 2020	Feb 20, 2020
5	Apr 27, 2020	Jun 21, 2020	Apr 17, 2020

The Gym will be closed on

Nov 28, 2019	Thanksgiving (Make-up Jan 2, 2019)
May 25, 2020	Memorial Day (Make-up Jun 22, 2020)

- Parents welcome to Observe and must be present in the gym by the end of class.
- All Sessions are 8 weeks long.
- **One** of the following discounts may be applied  
10% Sibling Discount OR Multiple Class Discount
- Children need hair tied back
- No Jewelry allowed during practice
- We do-not offer make-ups or Refunds
- Group classes (minimum 5 per class) can be scheduled on request. Morning Classes can be rescheduled on request
- Free Wi-Fi Internet Access available in our comfortable parents observation lounge

#### Enrollment / Tuition Policy:

\$45.00 non-refundable Annual Registration fee per student with a maximum of \$70.00/family. **(Free Leotard Included)** Full Payment for the session is due at time of registration. Unless otherwise informed, your child is enrolled in the class of your choice. A two week written withdrawal notice will terminate your child's enrollment/tuition.

Notification of gym closure due to weather (or other) will be announced on our website. No Refunds or Make-ups due to weather closure

- A Trial class can be scheduled for \$15.00

# 2019 — 2020

## Recreational Gymnastics and Cheer-Tumble Program



SEPTEMBER 3 2019

JUNE 21, 2020

131 Despatch Drive,  
East Rochester, NY 14445

www.rochesterGA.com  
email: mail@rochesterGA.com  
Phone: (585) 248-3750  
Fax: (585) 248-3757



# BIRTHDAY PARTY INFORMATION

## MEMBERS

**1 ½ hour party**  
50 minutes: Gym Time  
40 minutes: Cake / Gifts  
\*\*10 children minimum  
@ 165.00

Additional Children @  
\$11.00/ Child

## NON-MEMBERS

**1 ½ hour party**  
50 minutes: Gym Time  
40 minutes: Cake / Gifts  
\*\*10 children minimum  
@ 205.00

Additional Children @  
\$13.00/ Child

Tables and chairs are provided.  
A refrigerator is available for beverages and ice cream. Once the party before you vacates the tables you may set up your items.

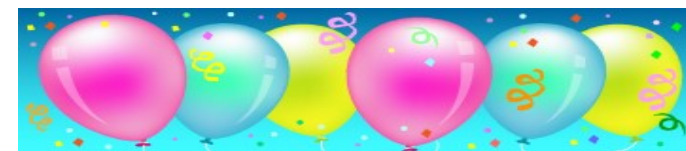
T-Shirt for the Birthday Child  
One Juice Box / or soda per child  
Birthday Party Plates / Napkins / Utensils /  
Table Cloths

### Schedule your child's Birthday Party

No Mess, No Fuss,  
We do all the work.  
Obstacle Courses, Tarzan  
Ropes, Trampoline, Jumping  
Castle, Giant Pit Slide and



- Call the office to check availability.
- Parties are scheduled on Saturday and Sunday Afternoon.
- A \$100 non-refundable deposit is due at time of reservation.
- Pizza can be ordered for an additional cost.





# 2019 - 2020 CLASS SCHEDULE

Mom's Name		Dad's Name		Phone #:	
Address:		State:		Cell #:	
City:		Zip:		Other #:	
Child's Name:		Date of Birth:			
E-Mail:		Time:			
Desired Class:		Day:		Dated	
Signature:					

**CANCELLATION POLICY:** A full refund minus the pro-rated amount of the classes taken will be given until the second week of the Session. After that point, there will be no refund. You may cancel this contract without any penalty or further obligation within three (3) days from this date. You may also cancel this contract for any of the following reasons: 1) If upon a doctor's order, you cannot physically receive the services, because of significant physical disability for a period in excess of six months. 2) If you die, your estate shall be relieved of any further obligation for payment under the contract not then due and owing. 3) If you move your residence more than 25 miles from any health club operated by seller. 4) If the services cease to be offered as stated in the contract. 5) All money paid pursuant to such contract cancelled for the reasons contained in this subdivision shall be refunded within 15 days of receipt of such notice of cancellation. There will be NO refund of the Annual RGA Registration Fee.

**ASSUMPTION OF RISK, WAIVER OF LIABILITY, MEDICAL AUTHORIZATION:** In consideration of participating in the ROCHESTER GYMNASSTICS ACADEMY, INC. I represent that I understand the nature of this Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the activity. I fully understand that this Activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releases" named below, and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost, and damages I incur as a result of my participation in the Activity. I hereby release, discharge, and covenant not to sue ROCHESTER GYMNASSTICS ACADEMY, INC. its respective administrators, directors, agents, officers, volunteers, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses, or damages, on my account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations and future agree that if, despite this release, waiver of liability and assumption of risk I, or anyone on my behalf, makes a claim against any of the Releases, I will indemnify, save, and hold harmless each of the Releases from any loss, liability, damage, or cost, which any may incur as the result of such claim. I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

**-By Signing this WAIVER, you are also acknowledging that FULL payment is due at time of Registration. Make all checks payable to "ROCHESTER GYMNASSTICS ACADEMY"**

Mom and Me (18 to 36 months) \$60 1x Week		
Monday	9:30am	- 10:15am
Wed	10:30am	- 11:15am
Friday	9:30am	- 10:15am
Pre-School (3 years) \$80 1xWeek		
Monday	10:30am	- 11:15am
Tuesday	10:30am	- 11:15am
Wed	11:30am	- 12:15pm
Thursday	9:15am	- 10:00am
Thursday	11:30am	- 12:15pm
Friday	10:15am	- 11:00am
Pre-School (4-5 years) \$120 1xWeek		
Monday	11:15am	- 12:15am
Tuesday	9:15am	- 10:15am
Tuesday	12:30pm	- 1:30pm
Wed	9:15am	- 10:15am
Wed	12:30pm	- 1:30pm
Thursday	10:15am	- 11:15am
Friday	11:15am	- 12:15pm
Tiny Tumblers (3 - 4 years) \$80 1x Week / \$140 2x Week		
Tuesday	5:45pm	- 6:30pm
Thursday	4:30pm	- 5:15pm
Saturday	12:00pm	- 12:45pm
Mini-Gymnasts (4 - 5 years) \$120 1x Week / \$200 2x Week		
Monday	4:15pm	- 5:15pm
Tuesday	4:30pm	- 5:30pm
Wed	5:45pm	- 6:45pm
Thursday	5:30pm	- 6:30pm
Saturday	10:45am	- 11:45am

Girls 5 to 7 years \$125 1x Week / \$215 2xWeek		
Monday	4:15pm	- 5:25pm
Monday	5:30pm	- 6:40pm
Tuesday	4:15pm	- 5:25pm
Tuesday	6:45pm	- 7:55pm
Wed	4:15pm	- 5:25pm
Wed	5:30pm	- 6:40pm
Thursday	4:15pm	- 5:25pm
Friday	5:30pm	- 6:40pm
Saturday	9:30am	- 10:40am
Girls 7 to 10 years \$130 1x Week / \$220 2xWeek		
Monday	5:30pm	- 6:40pm
Monday	6:45pm	- 7:55pm
Tuesday	5:30pm	- 6:40pm
Wed	5:30pm	- 6:40pm
Thursday	5:30pm	- 6:40pm
Friday	4:15pm	- 5:25pm
Saturday	10:45am	- 11:55am
Girls 10 to Teen \$130 1x Week / \$220 2xWeek		
Monday	6:45pm	- 7:55pm
Wed	4:15pm	- 5:25pm
Wed	6:45pm	- 7:55pm
Thursday	6:45pm	- 7:55pm
Friday	5:30pm	- 6:40pm
Saturday	12:00pm	- 1:10pm
Dance/Acro \$120 1xWeek		
Monday	6:30pm	- 7:30pm

**NOTES ON DANCE/ACRO**  
Stretching, Side/Front Aerial's, Back Handspring Stepouts, Layout Stepouts, Front Handspring Stepouts

Boys 5 to 9 years (Mighty-Mites) \$125 1x Week / \$215 2xWeek		
Monday	4:15pm	- 5:25pm
Monday	6:45pm	- 7:55pm
Wed	4:15pm	- 5:25pm
Friday	4:15pm	- 5:25pm
Saturday	9:30am	- 10:40am

Boys 9 to Teen (Iron Arms) \$130 1x Week / \$220 2xWeek		
Wed	5:30pm	- 6:40pm
Friday	5:30pm	- 6:40pm
Saturday	10:45am	- 11:55am

**TUMBLING CLASSES  
\$125 1x Week / \$215 2x Week**

LEVEL 1		
Thursday	4:15pm	- 5:25pm
Friday	5:30pm	- 6:40pm
Saturday	9:30am	- 10:40am

LEVEL 2		
Tuesday	6:45pm	- 7:55pm
Friday	4:15pm	- 5:25pm

LEVEL 3		
Tuesday	4:15pm	- 5:25pm
Saturday	10:45am	- 11:55am

LEVEL 4		
Monday	4:15pm	- 5:25pm

**NOTES ON TUMBLING**

- **Level 1:** Cartwheels, Front/Back Walkovers, Round-offs, Progressions to Back-handsprings,
- **Level 2:** Back/Front handsprings, Roundoffs and connections.
- **Level 3:** Back/Front Tucks, Connections from Back/Front handsprings.
- **Level 4/5:** Back Layouts, Twisting and connections from Back Hand-springs.