

SUMMER REC CAMPS

TIMES

AM Camp	9:00 – 12:00
PM Camp	1:00 – 4:00
All day Camp	9:00 – 4:00

DATES

Indicate which camp you would like to attend

June 24 to June 28 **CLOSED**

July 1 to July 5 **CLOSED**

July 8 to July 12 AM PM

July 15 to July 19 AM PM

July 22 to July 26 AM PM

July 29 to Aug 2 AM PM

Aug 5 to Aug 9 AM PM

Aug 12 to Aug 16 AM PM

Aug 19 to Aug 23 AM PM

Aug 26 to Aug 30 AM PM

RATES

½ Day Camp	\$150.00 per week
All day Camp	\$250.00 per week

NOTES FOR CAMPS

- Early Drop off is from 7:30am to 9:00am.
Late Pickup is from 4:00pm to 5:30pm.
Schedule at office for \$20.00 per hour.
- Students are encouraged to bring a healthy snack and drink for break. Refrigerator Available
- Parent Observation area available.
- Wi-Fi internet service and TV available.
- FULLY Air-conditioned
- Private Groups—We can schedule and plan a class at a time and date suitable to you.

BIRTHDAY PARTIES

- No Mess. No Fuss. We do all the work.
- 1½ - 2 hour Birthday parties
- Inflatable Castle, trampolines, Tarzan ropes,
- Obstacle courses, Foam Pits, Games and slides.
- 26' Climbing wall to challenge any child.
- Call the Gym to Schedule your party.
- Call now to schedule your Birthday Party



2019 SUMMER SCHEDULE



July 8, 2019
to
August 30, 2019

131 Despatch Drive,
East Rochester, NY 14445

WWW.ROCHESTERGA.COM
email: mail@rochesterGA.com
Phone: (585) 248-3750
Fax: (585) 248-3757

Mom's Name	Dad's Name	Phone #:
Address:	State:	Cell #:
Child's Name:	Zip:	Other#:
E-Mail:	Date of Birth	
Desired Class:	Day:	Time:
Signature:	Dated	

In consideration of participating in the ROCHESTER GYMNASTICS ACADEMY, INC, I represent that I understand the nature of this Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the activity. I fully understand that this Activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releases", named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost, and damages I incur as a result of my participation in the Activity. I hereby release, discharge, and covenant not to sue ROCHESTER GYMNASTICS ACADEMY, INC, its respective administrators, directors, agents, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES", herein) from all liability, claims, demands, losses, or damages, on my account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations and future agree that if from any loss, liability, damage, or cost, which any may incur as the result of such claim, I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

By Signing this WAIVER, you are also acknowledging that FULL payment is due at time of Registration. Make all checks payable to "ROCHESTER GYMNASTICS ACADEMY"



2019 SUMMER SCHEDULE

SUMMER CLASSES

PRE-SCHOOL (\$80.00) Tiny Tumblers (3 – 4 years)

Monday	9:30am - 10:15am
Tuesday	10:30am - 11:15am
Tuesday	4:15pm - 5:00pm
Wednesday	10:45am - 11:30am
Wednesday	5:45pm - 6:30pm
Friday	4:15pm - 5:00pm

PRE-SCHOOL (\$120.00) Mini Gymnasts (4 – 5 years)

Monday	10:30am - 11:30am
Monday	5:45pm - 6:45pm
Tuesday	5:30pm - 6:30pm
Wednesday	9:30am - 10:30am
Wednesday	4:15pm - 5:15pm
Thursday	10:30am - 11:30am
Thursday	4:15pm - 5:15pm

GIRLS 5 - 7 (\$125.00)

Monday	4:15pm - 5:25pm
Tuesday	5:30pm - 6:40pm
Wednesday	5:30pm - 6:40pm
Thursday	4:15pm - 5:25pm
Friday	4:15pm - 5:25pm

Summer Classes run July 8th - August 30.
(RGA will be CLOSED for CLASSES July 1-5).

All prices are based on 8 week session.

GIRLS 7 - 10 (\$130.00)

Monday	5:30pm - 6:40pm
Tuesday	4:15pm - 5:25pm
Wednesday	4:15pm - 5:25pm
Thursday	5:30pm - 6:40pm
Friday	5:30pm - 6:40pm

GIRLS 10 - Teen (\$130.00)

Monday	5:30pm - 6:40pm
Tuesday	5:30pm - 6:40pm
Thursday	5:30pm - 6:40pm

BOYS CLASSES (\$125.00)

Monday (5-8)	4:15pm - 5:25pm
Tuesday (5-8)	5:30pm - 6:40pm
Thursday (9-Teen)	4:15pm - 5:25pm

MOM & TOT (\$70.00)

Tuesday	9:30am - 10:15am
Thursday	9:30am - 10:15am

DANCE ACRO (\$120.00)

Wednesday	4:30pm - 5:30pm
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TUMBLING CLASSES

Level 1 \$100 / class (10% discount for multiples)

Monday	4:00pm - 5:00pm
Tuesday	5:00pm - 6:00pm
Thursday	6:00pm - 7:00pm

Level 2 \$110 / class (10% discount for multiples)

Monday	5:00pm - 6:00pm
Tuesday	6:00pm - 7:00pm
Thursday	4:00pm - 5:00pm
Friday	5:00pm - 6:00pm

Level 3 \$120 / class (10% discount for multiples)

Monday	6:00pm - 7:00pm
Tuesday	4:00pm - 5:00pm
Thursday	5:00pm - 6:00pm
Friday	6:00pm - 7:00pm

Level 4/5 \$120 / class (10% discount for multiples)

Wednesday	4:00pm - 5:00pm
Friday	4:00pm - 5:00pm

NOTES ON TUMBLING CLASSES

Level 1: Cartwheels, Front/Back Walkovers, Round-offs, Progressions to Back-handsprings, Connections.

Level 2: Back/Front handsprings, Roundoffs and connections.

Level 3: Back/Front Tucks, Connections from Back/Front handsprings.

Level 4/5: Back Layouts, Twisting and connections from Back Handsprings.