

PROGRAM NOTES

	Session Start	Session End	Payment Due
1	Aug 29, 2022	Oct 24, 2022	Aug 29, 2022
2	Oct 25, 2022	Dec 19, 2022	Oct 16, 2022
3	Jan 2, 2023	Feb 26, 2023	Dec 22, 2022
4	Feb 27, 2023	Apr 23, 2023	Feb 20, 2023
5	Apr 24, 2023	Jun 19, 2023	Apr 17, 2023

The Gym will be closed on

Sept 5, 2022	Labor Day
Nov 24, 2022	Thanksgiving (Make-up Dec 22, 2022)

- Parents welcome to Observe and must be present in the gym by the end of class.
- All Sessions are 8 weeks long.
- 10% Sibling Discount may be applied
- Children need hair tied back
- No Jewelry allowed during practice
- We do not offer make-ups or Refunds
- Group classes (minimum 5 per class) can be scheduled on request. Morning Classes can be rescheduled on request
- Free Wi-Fi Internet Access available in our comfortable parents observation lounge

Enrollment / Tuition Policy:

- \$45.00 non-refundable Annual Registration fee per student .
- Full Payment for the session is due at time of registration. Unless otherwise informed, your child is enrolled in the class of your choice. A two week written withdrawal notice will terminate your child's enrollment/tuition.

- Notification of gym closure due to weather (or other) will be announced on our website. No Refunds or Make-ups due to weather closure

- A Trial class can be scheduled for \$15.00



Recreational Gymnastics and Cheer-Tumble Program



AUGUST 29, 2022

JUNE 19, 2023

131 Despatch Drive,
East Rochester, NY 14445

www.rochesterGA.com
email: mail@rochesterGA.com
Phone: (585) 248-3750
Fax: (585) 248-3757



BIRTHDAY PARTY INFORMATION

MEMBERS

1 ½ hour party
50 minutes: Gym Time
40 minutes: Cake / Gifts
**10 children minimum
@ 165.00

Additional Children @
\$11.00/ Child

NON-MEMBERS

1 ½ hour party
50 minutes: Gym Time
40 minutes: Cake / Gifts
**10 children minimum
@ 205.00

Additional Children @
\$13.00/ Child

Tables and chairs are provided.
A refrigerator is available for beverages and ice cream. Once the party before you vacates the tables you may set up your items.

T-Shirt for the Birthday Child
One Juice Box / or soda per child
Birthday Party Plates / Napkins / Utensils /
Table Cloths

Schedule your child's Birthday Party

No Mess, No Fuss,
We do all the work.
Obstacle Courses, Tarzan
Ropes, Trampoline, Jumping
Castle, Giant Pit Slide and



- Call the office to check availability.
- Parties are scheduled on Saturday and Sunday Afternoon.
- A \$100 non-refundable deposit is due at time of reservation.
- Pizza can be ordered for an additional cost.



Online! REGISTRATION



Visit our website at

www.rochesterGA.com

And login to our user-friendly Parent Portal to browse all classes, camps and enroll at your convenience.

CLASS SCHEDULE

BIRTHDAY PARTIES

PORTAL LOGIN

NOTES ON TUMBLING

- **Level 1:** Cartwheels, Front/Back Walkovers, Round-offs,
- **Level 2:** Back/Front handsprings, Roundoffs and connections.
- **Level 3:** Back/Front Tucks, Connections from Back/Front handsprings.
- **Level 4/5:** Back Layouts, Twisting and connections

NOTES ON DANCE/ACRO

Stretching, Side/Front Aerial's, Back/Front Handspring/Stepouts, Layout Stepouts,



2022-2023 CLASS SCHEDULE

Mom and Me (18 to 36 months) \$90 per session

Monday	9:30am	-	10:15am
Wed	10:30am	-	11:15am
Friday	9:30am	-	10:15am

Pre-School (3 years) \$90 / session

Monday	10:30am	-	11:15am
Tuesday	10:30am	-	11:15am
Wed	11:30am	-	12:15pm
Thursday	9:15am	-	10:00am
Friday	10:15am	-	11:00am

Pre-School (4-5 years) \$130 /session

Monday	11:15am	-	12:15am
Tuesday	9:15am	-	10:15am
Tuesday	12:30pm	-	1:30pm
Wed	9:15am	-	10:15am
Wed	12:30pm	-	1:30pm
Thursday	10:15am	-	11:15am
Friday	11:15am	-	12:15pm

Tiny Tumblers (3 - 4 years) \$90 per session

Tuesday	5:45pm	-	6:30pm
Thursday	4:30pm	-	5:15pm
Saturday	12:00pm	-	12:45pm

Mini-Gymnasts (4 - 5years) \$130 per session

Monday	4:15pm	-	5:15pm
Tuesday	4:30pm	-	5:30pm
Wed	5:45pm	-	6:45pm
Thursday	5:30pm	-	6:30pm
Saturday	10:45am	-	11:45am

Girls 5 to 7 years \$135 per session

Monday	4:15pm	-	5:25pm
Monday	5:30pm	-	6:40pm
Tuesday	4:15pm	-	5:25pm
Tuesday	6:45pm	-	7:55pm
Wed	4:15pm	-	5:25pm
Wed	5:30pm	-	6:40pm
Thursday	4:15pm	-	5:25pm
Friday	5:30pm	-	6:40pm
Saturday	9:30am	-	10:40am

Girls 7 to 10 years \$140 per session

Monday	5:30pm	-	6:40pm
Monday	6:45pm	-	7:55pm
Tuesday	5:30pm	-	6:40pm
Wed	5:30pm	-	6:40pm
Wed	6:45pm	-	7:55pm
Thursday	5:30pm	-	6:40pm
Friday	4:15pm	-	5:25pm
Saturday	10:45am	-	11:55am

Girls 10 to Teen \$140 per session

Monday	6:45pm	-	7:55pm
Wed	4:15pm	-	5:25pm
Wed	6:45pm	-	7:55pm
Thursday	6:45pm	-	7:55pm
Friday	5:30pm	-	6:40pm
Saturday	12:00pm	-	1:10pm

Dance/Acro \$130 per session

Monday	6:30pm	-	7:30pm
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Boys 5 to 9 years (Mighty-Mites) \$135 per session

Monday	4:15pm	-	5:25pm
Monday	6:45pm	-	7:55pm
Wed	4:15pm	-	5:25pm
Friday	4:15pm	-	5:25pm
Saturday	9:30am	-	10:40am

Boys 9 to Teen (Iron Arms) \$140 per session

Wed	5:30pm	-	6:40pm
Friday	5:30pm	-	6:40pm
Saturday	10:45am	-	11:55am

TUMBLING CLASSES \$135 per session

LEVEL 1

Thursday	4:15pm	-	5:25pm
Friday	5:30pm	-	6:40pm
Saturday	9:30am	-	10:40am

LEVEL 2

Tuesday	6:45pm	-	7:55pm
Friday	4:15pm	-	5:25pm

LEVEL 3/4

Tuesday	4:15pm	-	5:25pm
Saturday	10:45am	-	11:55am

RHYTHMIC GYMNASTICS \$135 per session

Wednesday	5:30pm	-	6:30pm
Saturday	12:00pm	-	1:00pm

NOTES ON RHYTHMIC

There are various competitive programs available on request. Call the office to get further information