

# PROGRAM NOTES

	Session Start	Session End	Payment Due
1	Aug 28, 2023	Oct 23, 2023	Aug 28, 2023
2	Oct 24, 2023	Dec 18, 2023	Oct 16, 2023
3	Jan 2, 2024	Feb 26, 2024	Dec 22, 2023
4	Feb 27, 2024	Apr 22, 2024	Feb 20, 2024
5	Apr 23, 2024	Jun 17, 2024	Apr 17, 2024
<b>RGMA will be closed on</b>			
	Sept 4, 2023	Labor Day	
	Nov 23, 2023	Thanksgiving (Make-up Dec 21, 2023)	
	May 27, 2024	Memorial Day (Make-up June 18, 2024)	

- Parents welcome to Observe and must be present in the gym by the end of class.
- All Sessions are 8 weeks long.
- Children need hair tied back
- No Jewelry allowed during practice
- We do not offer make-ups or Refunds
- Group classes (minimum 5 per class) can be scheduled on request. Morning Classes can be rescheduled on request
- Free Wi-Fi Internet Access available in our comfortable parents observation lounge
- **Enrollment / Tuition Policy:**  
\$45.00 non-refundable Annual Registration fee per student . Full Payment for the session is due at time of registration. Unless otherwise informed, your child is enrolled in the class of your choice. A two week written withdrawal notice will terminate your child's enrollment/tuition.
- Notification of gym closure due to weather (or other) will be announced on our website. No Refunds or Make-ups due to weather closure
- A Trial class can be scheduled for \$15.00



## Recreational Gymnastics, Rhythmic Gymnastics and Cheer-Tumble Program



**AUGUST 28, 2023**  
**JUNE 17, 2024**

131 Despatch Drive,  
East Rochester, NY 14445

**www.rochesterGA.com**  
**email: mail@rochesterGA.com**  
**Phone: (585) 248-3750**  
**Fax: (585) 248-3757**



## BIRTHDAY PARTY INFORMATION

MEMBERS	NON-MEMBERS
<b>1 ½ hour party</b> 50 minutes: Gym Time 40 minutes: Cake / Gifts **10 children minimum @ 200.00	<b>1 ½ hour party</b> 50 minutes: Gym Time 40 minutes: Cake / Gifts **10 children minimum @ 240.00
Additional Children @ \$13.00/ Child	Additional Children @ \$15.00/ Child

Tables and chairs are provided. A refrigerator is available for beverages and ice cream. Once the party before you vacates the tables you may set up your items.

T-Shirt for the Birthday Child  
One Juice Box / or soda per child  
Birthday Party Plates / Napkins / Utensils /  
Table Cloths

Schedule your child's Birthday Party  
No Mess, No Fuss,  
We do all the work.  
Obstacle Courses, Tarzan  
Ropes, Trampoline, Jumping  
Castle, Giant Pit Slide and



- Call the office to check availability.
- Parties are scheduled on Saturday and Sunday Afternoon.
- A \$100 non-refundable deposit is due at time of reservation.
- Pizza can be ordered for an additional cost.



# Online! REGISTRATION



Visit our website at

[www.rochesterGA.com](http://www.rochesterGA.com)

And login to our user-friendly Parent Portal to browse all classes, camps and enroll at your convenience.

CLASS SCHEDULE

BIRTHDAY PARTIES

PORTAL LOGIN

## NOTES ON TUMBLING

- **Level 1:** Cartwheels, Front/Back Walkovers, Round-offs,
- **Level 2:** Back/Front handsprings, Roundoffs and connections.
- **Level 3:** Back/Front Tucks, Connections from Back/Front handsprings.
- **Level 4/5:** Back Layouts, Twisting and connections

## NOTES ON DANCE/ACRO

- Stretching, Side/Front Aerial's, Back/Front
- Handspring/Stepouts, Layout Stepouts,

## NOTES ON RHYTHMIC

There are various competitive programs available on request. Call the office to get further information

# 2023-2024 CLASS SCHEDULE

<b>Mom and Me (18 to 36 months)</b> \$90 per session		<b>Girls 5 to 7 years</b> \$135 per session		<b>Boys 5 to 9 years (Mighty-Mites)</b> \$135 per session	
Monday	9:30am - 10:15am	Monday	4:15pm - 5:25pm	Monday	4:15pm - 5:25pm
Wed	10:30am - 11:15am	Monday	5:30pm - 6:40pm	Monday	6:45pm - 7:55pm
Friday	9:30am - 10:15am	Tuesday	4:15pm - 5:25pm	Wed	4:15pm - 5:25pm
<b>Pre-School (3 years) \$90 / session</b>		Tuesday	6:45pm - 7:55pm	Friday	4:15pm - 5:25pm
Monday	10:30am - 11:15am	Wed	4:15pm - 5:25pm	Saturday	9:30am - 10:40am
Tuesday	10:30am - 11:15am	Wed	5:30pm - 6:40pm	<b>Boys 9 to Teen (Iron Arms)</b> \$140 per session	
Wed	11:30am - 12:15pm	Thursday	4:15pm - 5:25pm	Wed	5:30pm - 6:40pm
Thursday	9:15am - 10:00am	Friday	5:30pm - 6:40pm	Friday	5:30pm - 6:40pm
Friday	10:15am - 11:00am	Saturday	9:30am - 10:40am	Saturday	10:45am - 11:55am
<b>Pre-School (4-5 years) \$130 /session</b>		<b>Girls 7 to 10 years</b> \$140 per session		<b>TUMBLING CLASSES</b> \$135 per session	
Monday	11:15am - 12:15am	Monday	5:30pm - 6:40pm	<b>LEVEL 1</b>	
Tuesday	9:15am - 10:15am	Monday	6:45pm - 7:55pm	Thursday	4:15pm - 5:25pm
Tuesday	12:30pm - 1:30pm	Tuesday	5:30pm - 6:40pm	Friday	5:30pm - 6:40pm
Wed	9:15am - 10:15am	Wed	5:30pm - 6:40pm	Saturday	9:30am - 10:40am
Wed	12:30pm - 1:30pm	Wed	6:45pm - 7:55pm	<b>LEVEL 2</b>	
Thursday	10:15am - 11:15am	Thursday	5:30pm - 6:40pm	Tuesday	6:45pm - 7:55pm
Friday	11:15am - 12:15pm	Friday	4:15pm - 5:25pm	Friday	4:15pm - 5:25pm
<b>Tiny Tumblers (3 - 4 years)</b> \$90 per session		Saturday	10:45am - 11:55am	<b>LEVEL 3/4</b>	
Tuesday	5:45pm - 6:30pm	<b>Girls 10 to Teen</b> \$140 per session		Tuesday	4:15pm - 5:25pm
Thursday	4:30pm - 5:15pm	Monday	6:45pm - 7:55pm	Saturday	10:45am - 11:55am
Saturday	12:00pm - 12:45pm	Wed	4:15pm - 5:25pm	<b>RHYTHMIC GYMNASTICS</b> \$135 per session	
<b>Mini-Gymnasts (4 - 5years)</b> \$130 per session		Wed	6:45pm - 7:55pm	Friday	4:15pm - 5:15pm
Monday	4:15pm - 5:15pm	Thursday	6:45pm - 7:55pm	<b>Dance/Acro \$130 per session</b>	
Tuesday	4:30pm - 5:30pm	Friday	5:30pm - 6:40pm	Monday	6:30pm - 7:30pm
Wed	5:45pm - 6:45pm	Saturday	12:00pm - 1:10pm		
Thursday	5:30pm - 6:30pm				
Saturday	10:45am - 11:45am				