

# SUMMER REC CAMPS

## TIMES

AM Camp	9:00 – 12:00
PM Camp	1:00 – 4:00
All day Camp	9:00 – 4:00

## CAMP

June 27, 28 (Prorated)	AM	PM
July 1,2,3 (Prorated)	AM	PM
July 8 to July 12	AM	PM
July 15 to July 19	AM	PM
July 22 to July 26	AM	PM
July 29 to Aug 2	AM	PM
Aug 5 to Aug 9	AM	PM
Aug 12 to Aug 16	AM	PM
Aug 19 to Aug 23	AM	PM
Aug 26 to Aug 30	AM	PM

## RATES

½ Day Camp	\$175.00 per week
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To attend a full day camp, register for both the AM and PM camp for the desired week

<b>TUMBLING CAMP</b> (\$25 per day)	T, W, R from 2-4pm
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## NOTES FOR CAMPS

- Early Drop off is from 8:00am to 9:00am. This is not part of the camp, but just supervision. Late Pick-up is from 4:00pm to 5:00pm. \$50.00 per week.
- Students are encouraged to bring a healthy snack and drink for break. Refrigerator Available
- Parent Observation area available.
- Wi-Fi internet service and TV available.
- FULLY Air-conditioned

## BIRTHDAY PARTIES

- No Mess. No Fuss. We do all the work.
- 1½ hour Birthday parties
- Inflatable Castle, trampolines, Tarzan ropes,
- Obstacle courses, Foam Pits, Games and slides. 26' Climbing wall to challenge any child.



# SUMMER SCHEDULE



**June 27, 2024  
to  
August 30, 2024**  
(No classes July 4, 5)

131 Despatch Drive,  
East Rochester, NY 14445

**WWW.ROCHESTERGA.COM**  
email: [mail@rochesterGA.com](mailto:mail@rochesterGA.com)  
Phone: (585) 248-3750  
Fax: (585) 248-3757



Visit our website at  
[www.rochesterGA.com](http://www.rochesterGA.com)  
And login to our user-friendly Parent Portal to browse all classes, camps and enroll at your convenience.

Classes and Camps fill up fast, so don't wait.. Sign-up NOW



## SUMMER CLASSES

### PRE-SCHOOL (\$90.00) Tiny Tumblers (3 – 4 years)

Monday	9:30am	-	10:15am
Tuesday	10:30am	-	11:15am
Tuesday	4:30pm	-	5:15pm
Wednesday	10:45am	-	11:30am
Wednesday	5:45pm	-	6:30pm
Thursday	5:30pm	-	6:15pm
Friday	4:15pm	-	5:00pm

### PRE-SCHOOL (\$130.00) Mini Gymnasts (4 – 5 years)

Monday	10:30am	-	11:30am
Monday	4:15pm	-	5:15pm
Tuesday	5:30pm	-	6:30pm
Wednesday	9:30am	-	10:30am
Wednesday	4:15pm	-	5:15pm
Thursday	10:30am	-	11:30am
Thursday	4:15pm	-	5:15pm

### GIRLS 5—7 (\$135.00)

Monday	4:15pm	-	5:25pm
Monday	5:30pm	-	6:40pm
Tuesday	4:15pm	-	5:25pm
Tuesday	5:30pm	-	6:40pm
Wednesday	5:30pm	-	6:40pm
Thursday	4:15pm	-	5:25pm
Thursday	5:30pm	-	6:40pm
Friday	4:15pm	-	5:25pm

### GIRLS 7 - 10 (\$140.00)

Monday	5:30pm	-	6:40pm
Tuesday	4:15pm	-	5:25pm
Wednesday	4:15pm	-	5:25pm
Thursday	5:30pm	-	6:40pm
Friday	5:30pm	-	6:40pm

### GIRLS 10 - Teen (\$140.00)

Monday	5:30pm	-	6:40pm
Tuesday	5:30pm	-	6:40pm
Thursday	5:30pm	-	6:40pm

## BOYS CLASSES (\$135.00)

Monday (5-8)	4:15pm	-	5:25pm
Tuesday (5-8)	5:30pm	-	6:40pm
Wednesday (5-8)	4:15pm	-	5:25pm
Thursday (9-Teen)	4:15pm	-	5:25pm
Thursday (6-12)	5:30pm	-	6:40pm

## MOM & TOT (\$90.00)

Tuesday	9:30am	-	10:15am
Thursday	9:30am	-	10:15am

## DANCE ACRO (\$130.00)

Wednesday	5:30pm	-	6:30pm
Thursday	4:30pm	-	5:30pm

### NOTES ON DANCE ACRO

Stretching, Side/Front Aerials, Back/Front Handsprings, Front/Back Stepouts

**NO CLASSES ON JULY 4th and 5th**

## TUMBLING CLASSES

### Level 1 \$130 / class (10% discount for multiples)

Monday	4:00pm	-	5:00pm
Tuesday	5:00pm	-	6:00pm
Wednesday	4:00pm	-	5:00pm
Thursday	6:00pm	-	7:00pm
Friday	4:00pm	-	5:00pm

### Level 2 \$130 / class (10% discount for multiples)

Monday	5:00pm	-	6:00pm
Tuesday	6:00pm	-	7:00pm
Thursday	4:00pm	-	5:00pm
Friday	5:00pm	-	6:00pm

### Level 3 \$130 / class (10% discount for multiples)

Monday	6:00pm	-	7:00pm
Tuesday	4:00pm	-	5:00pm
Thursday	5:00pm	-	6:00pm

### NOTES ON TUMBLING CLASSES

**Level 1:** Cartwheels, Front/Back Walkovers, Round-offs, Progressions to Back-handsprings, Connections.

**Level 2:** Back/Front handsprings, Roundoffs and connections.

**Level 3:** Back/Front Tucks, Connections from Back/Front handsprings.  
**Level 4:** Focusses on Twisting.

To book a class tailored to more than 3 students, call the gym and we can try to accomodate