



SESSION SUMMARY



| DATE | SESSION 1 | SESSION 2 | SESSION 3 | SESSION 4 |
|---------|--|---------------------------------------|--------------------------------------|---|
| JUNE 29 | GEMS 8:00am-10:30am | C1 PRELIM 1 11:00am-2:00pm | C1 TRAINING 3:00pm-5:00pm | C2 TRAINING 5:00pm-8:00pm |
| JUNE 30 | C1 PRELIM 2 8:00am-11:00am | C2 PRELIM 1 11:30am-2:30pm | C2 PRELIM 2 3:00pm-6:00pm | BZ TRAINING 6:00pm-9:00pm |
| JULY 1 | C1 FINAL 8:00am-11:30am | C2 PRELIM 3 12:00pm-3:00pm | MOVE GYM 3:30pm-7:30pm | ATHLETE PARTY 7:00pm-10:00pm |
| JULY 2 | C2 FINAL 8:00am-11:30am | BZ PRELIM 1 12:00pm-3:00pm | BZ PRELIM 2 3:30pm-6:30pm | BZ/DI TRAINING 6:30pm-9:00pm |
| JULY 3 | BZ PRELIM 3 DI PRELIM 1 8:00am-11:00am | DI PRELIM2 11:30am-2:30pm | DI TRAINING 2:30pm-6:00pm | COACH PARTY/ ATHLETE PARTY 7:00pm-10:00pm |
| JULY 4 | BZ FINAL 8:00am-11:30am | DI PRELIM 3 12:00pm-3:00pm | SI TRAINING 3:00pm-6:00pm | |
| JULY 5 | DI FINAL 8:00am-11:30am | SI PRELIM 1 12:00pm-3:00pm | SI PRELIM 2 3:30pm-6:30pm | GPP TRAINING 6:30pm-9:00pm |
| JULY 6 | SILVER FINAL 8:00am-11:30am | GPP PRELIM 1 12:00pm-3:00pm | GPP PRELIM 2 3:30pm-6:00pm | |
| JULY 7 | GPP FINAL 8:00am-11:30am | | | |